



## SO MANY OPPORTUNITIES TO THRIVE

Stimulating the mind and strengthening the body has enormous benefits at any age. That's why, as part of Watermark Retirement Communities®, we created **WATERMARK UNIVERSITY**. Enjoy unlimited access to fun and interesting classes just steps from your door. Choose from **MORE THAN 70 DIVERSE COURSES** like *Writers Group, Water Aerobics, Beer Tasting, Photography as Art, Foods of the World* and everything in between. Classes, clubs, lectures, **EXTRAORDINARY OUTINGS, FUN SOCIALS** and outstanding meals with friends add up to a lifestyle you'll love.



## LOCATION

Fall in love with our central location across from Sarasota Square Mall, just minutes from Sarasota's harbors, beaches and downtown cultural center. We're just a short drive (or chauffeured ride) to every art opening, show and restaurant you love in Sarasota, yet once you enter our gates off Tamiami Trail and Beneva Road, you won't believe our **53 LUSH ACRES** with scenic nature trails, butterfly gardens, outdoor gardening areas and **14 ACRES OF LAKES** for fishing and reflection.



3260 Lake Pointe Blvd. • Sarasota, FL 34231  
**1-941-306-3739** • [www.watermarkcommunities.com](http://www.watermarkcommunities.com)  
A WATERMARK RETIREMENT COMMUNITY

FLORIDA ASSISTED LIVING LICENSE #5292 

**INDEPENDENT LIVING • ASSISTED LIVING**  
SKILLED NURSING AT THE SPRINGS, OPERATED BY SUMMIT CARE INC.  
This advertisement is NOT an offer of a CCRC contract.





## CHOOSING YOUR ASSISTED LIVING RESIDENCE

One of the first choices you'll make (and maybe the most fun) is selecting the apartment that's perfect for you. Would you prefer a large walk-in closet or a second bathroom? We offer both. Some apartments also come with a balcony option. Everyone can enjoy the **LAKE VIEWS** from our many screened porches available in the common areas. We are a **PET-FRIENDLY** community and your family is always welcome, too. They'll love the convenience of our **FURNISHED GUEST APARTMENTS** and outstanding family night celebrations throughout the year.

The minute you join our Assisted Living program, we'll help you maximize your independence with an array of personalized services. With all the time you'll save, you can partake in *Yoga*, *Aqua Fitness*, or a group swim in our **HEATED OUTDOOR POOL**, borrow a book from our **VAST LIBRARY**, or simply enjoy an afternoon with new friends. Visit our **FITNESS CENTER** or, if you ever need it, take advantage of convenient access to **OUTPATIENT REHABILITATION** services and **THERAPY GYM** operated on campus by Summit Care.



## OUR VISION

Unlike typical, regimented Assisted Living settings that dictate what you'll do, as well as where and when, at The Fountains at Lake Pointe Woods we have a fundamental belief that people thrive when given control and choice. That's why we've purposely created a **CULTURE BUILT ON CHOICE**. We offer opportunities for every individual to thrive by making their own choices, just as they always have. That's what we're all about – creating extraordinary communities where people thrive.



## REDEFINING ASSISTED LIVING

You'll appreciate the fact that we've been **SERVING SARASOTA SENIORS FOR MORE THAN 27 YEARS**. In fact, many of our caring, attentive associates have been with us for ages. All will be pleased to assist you with activities of daily living and medication management. Best of all, care is delivered on your schedule, not ours, in the privacy of your own apartment. **PRIVATE LAUNDRY, WEEKLY HOUSEKEEPING** and maintenance are all included and we always have a **LICENSED NURSE ON DUTY 24 HOURS A DAY, SEVEN DAYS A WEEK**.

Here, the days unfold as you wish. Enjoy a movie in our **MOVIE THEATER**, get your hair cut or styled at one of our **SALONS** or our **BARBER SHOP**, and catch a **COMPLIMENTARY RIDE TO APPOINTMENTS** near and far any Monday through Friday.

- Customized care plans
- Emergency call system
- Recreational and cultural outings
- Wellness and fitness programs
- Support groups including our new Alzheimer's support group for families



## AN OPTION FOR EVERY APPETITE

Here, friends and neighbors connect to share meals, stories and laughs. Chef-prepared breakfasts, lunches and dinners are **SERVED RESTAURANT-STYLE OVERLOOKING THE LAKE**. Our ever-changing menu features an array of choices from upscale selections such as Caprese Salad with Balsamic Reduction, Pan-Seared Grouper with Confetti Rice Pilaf and Stuffed Pork Loin.

You can create your favorite snacks in your own kitchen or just leave all the shopping, cooking and cleaning to us.