

The
Water's
Edge
Dining Room

 THE FOUNTAINS
AT LAKE POINTE WOODS

Our chefs are constantly introducing new menus for our residents to enjoy. Below is a sampling of menu items our residents enjoy daily.

 **Options**

This heart healthy symbol indicates a low fat, low cholesterol and low sodium item.

 **Gluten Free**

SOUP

Tomato Basil 

 **Clam Consommé**

SALADS

Dressings: Blue Cheese, Balsamic Vinaigrette, Raspberry Vinaigrette, French, Honey Mustard, Italian, Lite Italian, Ranch

Orzo & Feta Salad

 **Seasonal Salad Plate of the Day**



 **Mixed Green Garden Salad**

Sliced Tomato Plate

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ACCOMPANIMENTS

-  Baked Potato
-  Baked Sweet Potato
- Homestyle Mashed Potatoes
- French Fries
- Onion Rings
-  Cottage Cheese
-  Edamame
-  Green Beans
- Mushrooms
-  Peas & Carrots

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FEATURED ENTRÉES

Sanibel Salad with Salmon

Spring Mix with Mandarin Oranges, toasted Almonds and Cranberries served with choice of Dressing

Baked Chicken

Dark Meat Chicken marinated with fresh Herbs

Baked Sole

Fresh fillet served with a creamy Crab Meat Sauce

Salmon Fillet

Poached Atlantic Salmon served with Dill or Champagne Sauce

Stuffed Pork Loin

Roasted tender Pork Loin stuffed with creamy Spinach and served with a Port Shallot Demi Sauce

Burger Platter

Quarter pound Hamburger grilled and topped with choice of American, Swiss or Bleu Cheese, Lettuce, Tomato and Onion on a French Style Hamburger Bun served with French Fries

L.P.W Signature Chicken Club Sandwich

Fried Chicken Breast with Swiss Cheese, Lettuce, Tomato and Bacon on a Bun served with Sweet Potato Fries

Omelet

Create your own from the following choices:

Ham, Green Peppers, Mushrooms, Onion, Tomatoes, American or Swiss Cheese

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DESSERT

Ice Cream

Chocolate, Milky Way, Mint Chip, Strawberry, Vanilla

Frozen Yogurt

Black Cherry, Chocolate, Vanilla

Sherbet

Rainbow

No Sugar Added Ice Cream

Double Chocolate Chip

Featured Desserts

Vanilla Mousse with Strawberries OR Raisin Bread Pudding

No Sugar Added

Vanilla Mousse with Strawberries